

## IMMUNE SUPPORT

A healthy immune system is essential to overall health and well-being. A dynamic balance of cellular and humoral immune factors and proper nutrition helps support normal host defenses and responses to stress and environmental challenges.

Integrative Therapeutics™ offers a complete line of nutritional supplements designed to be integrated effectively with diet and lifestyle recommendations to support immune defenses proactively or as needed seasonally.\* Our immune offering includes supplements to support general immune function, as well as respiratory, seasonal immunity, and cellular health.\*

We have a variety of formulas to meet your unique practice goals and patient needs:

- Researched ingredients
- Kid-safe formulas
- Various forms for improved compliance





## EHB

### Echinacosides, hydrastine, and berberine

EHB is a physician-formulated supplement that contains a proprietary blend of three types of Echinacea, standardized garlic, licorice, citrus bioflavonoids, and other immune-supporting botanicals, plus vitamins and minerals to support a healthy immune system.\*

Whole Echinacea helps support the production of B-cells, potentiates the function of macrophages, and activates blood and tissue phagocytes.\*<sup>1,2</sup> Goldenseal alkaloids, including berberine and hydrastine, support healthy immune responses.\*<sup>3</sup> Berberine also supports production of immunoglobulin (IgM), which is critical to intestinal defense.\*<sup>3</sup>

- Helps strengthen immune defenses\*
- Contains whole plant parts and extracts for maximum support

#166007, 60 Capsules



wheat free



gluten free



dairy free

## ESBERITOX<sup>®</sup>

### Echinacea combination

Esberitox is a unique blend of *Thuja occidentalis* (white cedar leaf), *Baptisia tinctoria* (wild indigo), and *Echinacea purpurea* and *pallida*. The combination of herbs in Esberitox possesses a broader spectrum of activity than Echinacea alone, and can enhance immune system function.\*

This powerful combination promotes the body's protective functions by stimulating the production and activity of critical immune cells.\*

- Top-selling remedy in Europe for over 70 years
- Does not interfere with commonly prescribed medications
- Delicious, chewable tablet that is safe and effective for children

#79951, 100 Tablets



wheat free



gluten free



corn free



soy free

## References

1. Stimpel M, Proksch A, Wagner H, Lohmann-Matthes ML. *Infect Immun*. 1984;46(3):845-9.
2. Roesler J, Emmendorffer A, Steinmüller C, Luettig B, Wagner H, Lohmann-Matthes ML. *Int J Immunopharmacol*. 1991;13(7):931-41.
3. Blumenthal M, ed. *Goldenseal*. In: *The ABC Clinical Guide to Herbs*. Austin, TX: American Botanical Council; 2003: 227-234.
4. Juergens UR, Engelen T, Racke K, Stober M, Gillissen A, Vetter H. *Pulm Pharmacol Ther*. 2004;17(5):281-7.

## Supplement Facts

Amount per 2 capsules	Servings per container 30	%DV*
<b>Total Carbohydrate</b>	1 g	<1%*
Vitamin A (as retinyl palmitate and 50% from natural beta carotene with mixed carotenoids)	5,000 IU	100%
Vitamin C (ascorbic acid)	500 mg	833%
Vitamin B6 (as pyridoxine HCl)	25 mg	1,250%
Zinc (as zinc picolinate)	15 mg	100%
Echinacea Proprietary Blend: <i>E. angustifolia</i> whole plant extract, <i>E. pallida</i> whole plant extract, <i>E. purpurea</i> whole plant extract, <i>E. purpurea</i> aerial part extract, <i>E. angustifolia</i> root extract standardized to contain 4% echinacosides	350 mg	**
Citrus Bioflavonoids Complex	250 mg	**
Garlic ( <i>Allium sativum</i> ) Bulb Extract standardized to contain 1% allicin (odor-reduced)	100 mg	**
Licorice ( <i>Glycyrrhiza glabra</i> ) Root (deglycyrrhizinated)	100 mg	**
Bromelain (2,400 G.D.U./g)	50 mg	**
Ginger ( <i>Zingiber officinale</i> ) Root	50 mg	**
Oregon Grape ( <i>Mahonia aquifolium</i> ) Root	50 mg	**
Goldenseal Proprietary Blend: <i>Hydrastis canadensis</i> root powder, <i>H. canadensis</i> root and rhizome extract standardized to contain 5% total alkaloids including berberine, hydrastine, and canadine	35 mg	**

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

**Other ingredients:** gelatin capsule and soybean oil.

**Recommendations:** Take 2 capsules three times daily or as recommended by your healthcare professional.

## Supplement Facts

Amount per 6 chewable tablets	Servings per container 16	%DV**
<b>Calories</b>	5	
<b>Total Carbohydrate</b>	2 g	<1%**
Sugars	1.5 g	***
Dry Extract Blend of Wild indigo ( <i>Baptisia tinctoria</i> ) Root, <i>Echinacea purpurea</i> and <i>pallida</i> (Coneflower) Root, and <i>Thuja occidentalis</i> (White cedar) Leaf	19.2 mg	***

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\*\*Daily Value not established.

**Other ingredients:** lactose (milk), sugar, macrogol, and magnesium stearate.

**Recommendations:** Take 6 tablets three times daily initially for faster results. Reduce to 4 tablets three times daily as you begin to feel better, or as recommended by your healthcare professional.

# SAMBUCUS

## Black elderberry syrup

For centuries, the dark berries of European black elder (*Sambucus nigra* L.) have been traditionally used as an immune remedy.\* Sambucus has been standardized for consistency and optimal effectiveness.

- Berry-flavored syrup safe for children ages two and up.
- Obtained from premium cultivar elderberries with higher naturally-occurring levels of active constituents (e.g., flavonoids)
- Each 100 mg serving provides the equivalent of 6.4 g (6,400 mg) of berries

#70653, 4 oz



wheat free



gluten free



corn free



soy free



dairy free



vegetarian

# SOLEDUM™

## Sinus formula

Soledum provides a unique and pure form of eucalyptus oil that supports sinus and respiratory health.\* The oil extract contains at least 95% cineole, the key compound in eucalyptus. This safe, non-drowsy formula works with the body to provide fast-acting, clear respiratory comfort, help ease occasional irritation, and maintain clear bronchial passages.\*

- Soothes and supports mucous membranes and sinus cavities\*
- Maintains healthy sinus drainage and relieves occasional irritation\*
- Promotes a healthy balance of cytokine compounds, in particular, leukotriene B4, prostaglandin E2, interleukin-1-beta, and tumor necrosis factor-alpha\*<sup>4</sup>

#79416, 60 Softgels



wheat free



gluten free



corn free



soy free



dairy free

# IVY CALM®

## Ivy leaf supplement

Ivy Calm contains a proprietary ivy extract to provide soothing support for optimal lung and bronchial passageway health.\* Developed in accordance with standards set forth in the German Commission E monograph, each dose of Ivy Calm contains 25 mg of dried ivy leaf extract (*Hedera helix*), concentrated in a ratio of 5–7.5 to 1.1.

- Convenient, liquid form
- Safe for children ages two and up

#78771, 100 ml



wheat free



gluten free



corn free



soy free



dairy free



vegetarian

## Supplement Facts

Serving Size 2 teaspoons (10 mL)  
Servings per container 12

Amount per 2 teaspoons	%DV*
<b>Calories</b>	25
<b>Total Carbohydrate</b>	6 g <b>2%*</b>
Sugars	5 g **

Standardized Elderberry Extract 100 mg \*\*  
from 6.4 g (6,400 mg) of  
premium cultivar berries

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**Other ingredients:** fructose, purified water, vegetable-source glycerin, natural raspberry flavor and citric acid.

**Recommendations:** Adults take 2 teaspoons (10 mL) daily. Children take 1 teaspoon (5 mL) daily.  
Intensive use: Adults take 2 teaspoons (10 mL) four times daily. Children take 1 teaspoon (5 mL) four times daily. Or take as recommended by your healthcare professional.

## Supplement Facts

Serving Size 2 softgels Servings per container 30

Amount per 2 softgels	
SinuCheck® brand Eucalyptus Globulus Oil Extract	200 mg**

\*\*Daily Value not established.

**Other ingredients:** gelatin, medium chain triglycerides, vegetable glycerin, sorbitol, modified cellulose, sodium alginate, oleic acid, candelilla wax, and stearic acid.

**Recommendations:** Take 2 softgels three times daily, or as recommended by your healthcare professional.

## Supplement Facts

Serving Size 2 teaspoons (10 mL)  
Servings per container 10

Amount per 2 teaspoons	%DV**
<b>Calories</b>	10
<b>Total Carbohydrate</b>	3g <b>1%**</b>
Sugars	2g ***

English Ivy (*Hedera helix*) Leaf Extract 33 mg \*\*\*  
standardized to contain 9 mg of  
hederacoside C

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other ingredients:** purified water, vegetable glycerol, fructose, natural flavors, sucrose laurate, potassium sorbate (to protect flavor), licorice flavor, and citric acid.

**Recommendations:** Take two to six times per day, as needed. Adults: 2 tsp (10 mL). Children 6 years of age and older: 1-1/2 tsp (7.5 mL). Children 2 to 5 years of age: 1 tsp (5 mL), or as recommended by your healthcare professional.

FOR OVER 35 YEARS, OUR  
DEDICATION TO SERVING  
THE NEEDS OF HEALTHCARE  
PROFESSIONALS AND  
THEIR PATIENTS HAS  
HELPED US BECOME THE  
LEADING MANUFACTURER  
OF SCIENCE-BASED  
NUTRITIONAL SUPPLEMENTS.

At Integrative Therapeutics™,  
we strive to provide you with the  
research and resources you need to  
make informed decisions about your  
patients and your practice.

#### PROFESSIONAL RESOURCES

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- Patient-Centered Therapeutic Programs
- Educational Downloads
- Seminars
- Product Literature
- Drug-Nutrient Interaction Checker

